

PUBLISHED BY THE MOUNTAIN BREEZE STAFF

## Car vs creature and good driving habits; smoke alarms

*Happy Spring!*

The Montgomery Fire Dept wants to remind all to be especially aware while driving. There have been several animal vs car incidents.

Remember, unfortunately it is in most cases better to try and stop suddenly possibly contacting the animal and hurting it and or your vehicle rather than swerving into oncoming traffic or off road into a tree where the damage possible personal injury could be much worse. There also have been several moose sightings. Best bet is to leave a bit earlier when travelling on our rural roads and go the speed limit.

While enjoying the outdoors, remember the ticks are out in full force. Long pants and long sleeves light in color will help keep the insects off you.

Hopefully everyone has changed the batteries in your smoke and carbon monoxide detectors with the daylight savings time change.



154 Main Road  
 Montgomery, MA

Every home should have working smoke and CO alarms. You must have a certificate of compliance that shows your smoke and CO alarms meet certain standards when you sell or transfer a home. This page helps you determine if your alarms meet requirements or must be replaced, and how to get a certificate of compliance.

1. Find out when your home was built and the date the last building permit was issued for any renovations. Call the local building department if you don't know.
2. Call the local fire department to schedule your inspection as soon as you have a closing date. The department will issue a certificate of compliance if your alarms pass the inspection. Follow these steps to make sure you home will pass the inspection:
3. Using the date your home was built and the date the last building permit was issued, figure out the smoke and CO alarms requirements for your home. These requirements are

Please turn to page 4.

### Guidelines for smoke detectors

The MFD has seen an increase in applications for smoke and carbon monoxide detector inspections. See the information below for anyone considering selling their home.

### 2019 Chief Steven Fry Memorial Scholarship Update

The Montgomery Fire Department is pleased to announce that we received 3 applications for the 2019 Fire Chief Stephen P. Frye Memorial Scholarship.

The applicants were all well-deserving and it was a difficult decision, but we managed to pick one graduating High School Senior. The winners name will be announced in the next Mountain Breeze.

*Congratulations to all 2019 Montgomery graduates!*

**“Love all, trust a few,  
 do wrong to none.”**

**William Shakespeare**

### Open letter to Montgomery residents and friends:

Most of you have probably noticed that the handsome new sign announcing the Town of Montgomery, and the meaningful sign honoring Purple Heart recipients, have been stolen from the boundary between Westfield and Montgomery. Several attempts have been made in past years to properly identify this boundary, and each time, some callous individual(s) have removed the sign for whatever reason. Is it because they needed a "souvenir" of our town? Are they lost and needed the sign to help find their way home? Are they ashamed to admit where Westfield ends and our "greatest little Hilltown" begins?

There just doesn't seem to be a valid reason for removing the sign(s), and the fact that both the Town sign and Purple Heart sign have cost the Town a "pretty penny" makes it all the more disgusting that someone would take the signs for their own pleasure or whatever they are getting from it! Is there something wrong with the remaining townspeople appreciating signs that provide an identification that "you've arrived" when giving directions to a visiting stranger or a supplier coming to town? What about those of us who are proud to have these signs at our borders? Don't WE count? We are asking for the person or persons who perpetrated this despicable act to kindly return the signs to the Montgomery Town Hall so they can be re-posted in their proper place without further ado.

Thank you!  
 A concerned resident.

# Important numbers

FIRE EMERGENCY 911  
AMBULANCE 911  
STATE POLICE 911

HIGHWAY DEPARTMENT 862-4037

GATEWAY HIGH SCHOOL 685-1102  
GATEWAY MIDDLE SCHOOL 685-1202  
GMS ATTENDANCE 685-1201  
LITTLEVILLE ELEMENTARY 685-1301

TOWN HALL OFFICE 862-3386  
townhall@montgomeryma.gov  
Administrative Secretary Hours, Tuesdays & Thursdays from 10 a.m. to 4 p.m.

FIRE DEPT: 862-4505  
DEPUTY FIRE CHIEF - CHRIS GALIPEAU 862-4599

TOWN CLERK - JUDY MURPHY 862-4478  
Office hours are on the 1st and 3rd Wednesday of each month from Noon - 4:00. Or you may call for an appointment.

POLICE DEPT:  
ADMINISTRATIVE POLICE CHIEF - PAULA CHAPMAN 862-4949

TAX COLLECTOR - JANE THIELEN 862-3386

ANIMAL CONTROL OFFICER - PHIL CAMP 862-4976

SELECT BOARD:  
DAN JACQUES 862-9001  
MIKE MORRISSEY 862-3386  
JACOB CHAPMAN 862-4949  
Meetings for the Select Board are held at 7:00 p.m. every other Thursday.

SCHOOL COMMITTEE:  
MADELYN AUSTIN 862-4004  
mrrrr@verizon.net

LIBRARY:  
LIBRARIAN - PAULA LONG 862-3894  
montgomerylibrary@yahoo.com  
HOURS: Tuesday 10:00 a.m.-5:30 p.m.  
Thursday 4:00 p.m.-8:00 p.m.  
Saturday 9:30 a.m.-12:30 p.m.

BOARD OF ASSESSORS:  
Meetings of the Board of Assessors are held on the 1st & 3rd Wednesday of each month from 8:00 p.m.-9:30 p.m. Please call 862-3386 for an appointment. Assessors' Clerk hours 1st & 3rd Wednesdays of each month from Noon - 4 p.m.

CONSERVATION COMMISSION - PAIGE LALIBERTE, Chairman 862-3245  
The Conservation Commission meets on the first Monday of each month.

STATE SENATOR DON HUMASON:  
64 Noble St., Westfield, MA 01085 (413) 568-1366

Donald.Humason@masenate.gov

STATE REPRESENTATIVE LINDSAY SABADOSA:  
info@lindsaysabadosa.com (413) 539-8599

# June Calendar

For all other notices and events, check Important numbers listings.

June 5 Noon - 4 pm - Town Clerk Hours - Town Hall  
June 5 6:30 pm - Yoga - Town Hall  
June 6 9:00 am - Tai Chi - Town Hall  
June 7 9:30 - 11:00 am - Osteoporosis Exercise - Town Hall  
June 11 10:00 am - COA Coffee Hour - Senior Room  
June 11 Recycling day  
June 12 6:30 pm - Yoga - Town Hall  
June 13 9:00 am - Tai Chi - Town Hall  
June 13 7:00 pm - Selectboard Meeting - Town Hall  
June 19 Noon - 4 pm - Town Clerk Hours - Town Hall  
June 19 Noon - 3 pm - COA Senior Picnic - Strathmore Park, Russell  
June 19 6:30 pm - Yoga - Town Hall  
June 25 Recycling day  
June 26 6:30 pm - Yoga - Town Hall  
June 27 7:00 pm - Selectboard Meeting - Town Hall  
June 28 10:00 am - COA Coffee Hour - Senior Room  
June 28 9:30 - 11:00 am - Osteoporosis Exercise - Town Hall  
July 4 Independence Day

## Paula L. Chapman

Administrative Chief of Police for the  
Town of Montgomery  
OFFICE HOURS: 6:30 pm to 7:45 pm

June 20, 2019  
July 11, 2019

June 27, 2019  
July 25, 2019

## Condolences

To Nancy Spencer, her children and their partners, four grandchildren, Jerry and Patty Spencer and Jeff, and Eunice "Dinty" Spencer sincere condolences on the loss of Dean Spencer, husband, father and grandfather; son and brother, and grandson who passed away on May 6 in Montgomery.

### MOUNTAIN BREEZE AD POLICY

Montgomery resident ads: \$3.50 for ¼ page, \$7.00 for ½ page, \$10.50 for ¾ page and \$14.00 for a full page.

Non-resident ads: \$5.00 for ¼ page, \$10.00 for ½ page, \$15.00 for ¾ page and \$20.00 for a full page.

Political ads: \$15.00 for ½ page and \$30.00 for a full page. (Political ads must include the name of the payer.)

Ads: email (preferably pdf file) to [montgomerymtbreeze@gmail.com](mailto:montgomerymtbreeze@gmail.com), put in the MB box at the Library, or mail to: **Montgomery Mountain Breeze, c/o Grace Hall Memorial Library, 161 Main Road, Montgomery, MA 01085-9525**. Include your name and phone number. Payment must be received by deadline date (usually on the 16th of the month) or ad will not be run. No cash, please; make check payable to Montgomery Mountain Breeze and put in the MB box at the Library, or mail to above address.

### MOUNTAIN BREEZE STAFF

Editor: T.Lak 413-237-2818  
Helen Allyn \* Chris Brown \* Laurie Flechsig \* Paula Long \* Julie Pike \* Jane Thielen

[montgomerymtbreeze@gmail.com](mailto:montgomerymtbreeze@gmail.com)

The Grille is *the place* to meet your neighbors!

*the Hilltown*

*Gourmet...*

gives the Montgomery Grille  
Two Thumbs!

That's great, because Scott is all thumb's up when it comes to creating tasty breakfast and lunch specialties. And you will be too when you enjoy what the Grille offers in these three easy ways: eat inside, eat outside or order out. Any way you plan on doing it, Scott's Hilltown cooking is sure to satisfy!

People who think they know everything are a great annoyance to those of us who do.

Montgomery  
Grille

AT THE MONTGOMERY MARKETPLACE

Hours: Wednesday, Thursday, Friday:  
5:30 am to 2:30 pm

Saturday and Sunday: 6:00 am to 2:30 pm  
Lunch starts 11:00 am

46 Main Rd, Montgomery, MA • 862-(FOOD) 3663 Closed Mondays & Tuesdays

# Dog license(s) 2019 update

Your current dog license will expire at the end of March. The new licenses are in. You must license your dog in this town or any other town that you live in. You can mail it to the address below just make sure you include a self-addressed stamped envelope, and a check made out to the Town of Montgomery. If you do not send the self-addressed stamped envelope the license will not be mailed back to you. The fee for dogs that are neutered is \$6.00, un-neutered is \$10.00. For multiple dogs you can make a copy of this form. If you prefer you can license your dog during the town clerks regular hours as listed in the Mt. Breeze, or you may also call me and make an appointment to obtain your license. You will also be able to obtain a license at the upcoming Town Election which will be held on Monday May 6, 2019 from 12:00 to 7:00p.m. If you have any other questions please feel free to call me.



The town by-laws require all dogs be licensed by July 1st of each year or you will be fined a late fee of \$25.00 per dog, along with the licensing fee. All dogs three months and older, even if they are inside dogs, must be licensed.

Thank you;  
**Judith L. Murphy, Town Clerk**  
 58 North Rd, Montgomery, MA, 01085  
 413-862-4478

Town of <b>Montgomery</b>		ANIMAL LICENSE NO. _____	
THIS CERTIFIES that _____, the undersigned,			
is the owner or keeper of an animal kept at _____			
Telephone: _____			
and described as follows: NAME _____ AGE _____ YRS _____ MOS _____			
SEX		PROMINENT BREED	
SMALL <input type="checkbox"/>	MEDIUM <input type="checkbox"/>	LARGE <input type="checkbox"/>	<b>Dog</b>
MALE <input type="checkbox"/>		FEMALE <input type="checkbox"/>	
NEUTERED <input type="checkbox"/>		COLOR _____	
Further Details: _____			
and is the animal described in RABIES VACCINATION CERTIFICATE NO. _____			
Expiration Date _____			
Dated _____, 20____			
Signature of Owner or Keeper _____			
In reliance on the above certificate and the payment fee of \$ _____			
the animal above described is licensed for the period ending <b>4 / 1 / 20 19</b>			
Dated _____, 20____ Town Clerk _____			

## • MFD reminds us about good driving habits Continued from page 1.

listed by date in the (internet search) **Guide to Massachusetts Smoke and Carbon Monoxide Requirements When Selling a One- or Two- Family Residence.**

- List the location of all smoke and CO alarms in your home. Determine the age of each alarm. The date of manufacture is stamped on the front or back of most alarms. If you have to remove an alarm from its bracket to get the information, be sure to replace the alarm when you are finished. If there is no date on an alarm, it has expired and must be replaced.
- Compare your existing alarms and the requirements for your home to determine if you must replace any or all of the alarms in your house.
- If your smoke and/or CO alarms do not meet the requirements for your house and need replacement, you can purchase and install new equipment yourself or hire someone to do so. You may need an electrician to replace

hard-wired alarms.

- Battery-powered smoke alarms that are more than 10 years old, or have expired must be replaced with alarms with 10-year, sealed, non-rechargeable, non-replaceable batteries. They must be photoelectric and have a hush feature to silence nuisance alarms.
- After your new smoke and CO alarms are installed, test them.

Your local fire department will charge \$50.00 for the inspection and certificate via check made out to the town. Call them for more information. If you have questions about the requirements for your home or inspection and certificates, call your local fire department.

**The Montgomery Fire Department**

### JUNE BIRTHDAYS:

Joseph Avenia  
 Pam Coe  
 Preston Coffey  
 Glenn Ellis  
 Alivia Galipeau

Alex Goralczyk  
 Cindy Harris  
 Joanne Hebert  
 Benjamin Hyjek  
 Rebecca Hyjek  
 Peter Madru  
 Colin Monkiewicz

June Rathay  
 Paul Senatore  
 Betty Sobotka  
 Tara Spencer  
 Paula Stipek-Long  
 Anthony Thibault  
 Richard Willig

### JUNE ANNIVERSARIES

Pauline & Joseph  
 Croteau  
 Louise & Wayne  
 Fowles  
 Bertine &

George Galipeau  
 Krystyna & Christian  
 Galipeau  
 Patty & Jerry Spencer  
 Kathleen & Jason  
 Stomski

# June is the time to weed, water and pinch

June is the time to:

- Prune spring-blooming shrubs after flowers have faded.
- It is the month to plant tender annuals; tomatoes, eggplant, cucumbers and melons into your gardens. Mid-June is the time to plant peppers.
- Pay attention to new plants that you have put in your garden. Don't forget to water frequently, until plant can get established. All plants, including drought tolerant plants need attention.
- Move your houseplants outside but not into direct sunlight. The sun can cause the foliage to get sunburned.
- Weed the garden. Weeds compete with plants for nutrients. Controlling weeds early will be more

**GardenNews**  
by Chris Brown



effective and will take less time and effort.

- Dry pine needles make a good mulch for roses.
- Offer a small, shallow source of water for bees in a pollinator garden.
- Several late season flowering perennials, like garden phlox, chrysanthemums and New England and New York asters, grow tall in less than full sun. Pinching or cutting back these plants now, several times, before mid-July will encourage shorter, more compact plants.

*Information taken from U Mass Extension Garden Clippings and Garden Calendar.*

Thank you to all who donated plants for the Library Book and Plant sale. We had a selection of so many wonderful perennials, herbs, wildflowers, trees and shrubs.

## MEXICAN SLAW

It is getting to be salad time and this recipe is from my Mom, Marie Dusek.

3 Tbsp. salad oil	1/3 cup cider vinegar	1/2 tsp. dry mustard
2 Tbsp. sugar	1 1/4 tsp. salt	6 cups knife shredded cabbage
1/4 cup chopped green pepper	2 canned pimentos, sliced	1 Tbsp. minced onion

Whisk together all ingredients except vegetables. In a bowl, add liquid mixture to cabbage, peppers and onions. Mix well. Top with pimentos.

JUNE RECIPES



Weekly/ Biweekly  
Curb-Side Residential Pick-up  
Area's Best Prices  
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Trash Cart

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Get Your Best Price and Call Us Last  
**LOWEST RATES GUARANTEED!!!**

# 'Spring house cleaning' to unveil Time Capsule

Reporting on your Historical Society's Roast Pork dinner at the end of April – a big THANK YOU to all who came to enjoy the scrumptious meal and the program on the renowned Howes Brothers – photographers from Ashfield who roamed Western Massachusetts in the late 1800's photographing people and places. The actual documentary we shared with our guests featured Kim Howes, a descendant who – without realizing the value of his "targets" – as a young boy used the glass-plate negatives of some of the Howes work for target practice! Kim Howes went on to lead an effort to have these negatives and photographs preserved, some donated to Northampton and the majority residing in the archives of the Ashfield Historical Society. The collection has been microfilmed, but work is now being done to digitize the entire collection – one photograph at a time. We recently learned that there is record of some photographs in the archive from Montgomery, and we have been invited to visit the Ashfield Historical Society over the summer to locate those taken in our town.

The scheduled field trip to the Stone House Historical Museum in Belchertown will be rescheduled to a later date as several planned attendees were unable to go. More later on this...

A few of the Historical Society members gathered on May 18 for potluck supper and make-your-own sundaes. Scholarship winners were decided from the applications received. The names of the winner(s) will be announced in the Mountain Breeze for July/August. The Historical Society's annual "spring housecleaning" will take place Saturday,

## Historical Happenings



June 15 starting at 9:30 a.m. "Many hands make light work," so everyone is invited to join us in tidying up the building for upcoming Open Houses. We have dusting and vacuuming to do (vacuum provided), windows to shine, curtain rods to hang, and most importantly, a TIME CAPSULE

cemented into the basement over 25 years ago, which needs to be chipped out so we can open it! Please come if you can to give a hand with this!

Open House events for the coming months will take place on June 15 (while we clean), August 17, and September 21. The timing is 9:30 a.m. until 12:30 p.m. Items on display include artifacts from Montgomery and beyond, copies of historic town photos, etc. Also, if anyone has historically-significant documents or photos that we might be allowed to scan, we would very much appreciate being able to include them in our collections, so we ask that you please bring them along for scanning. This is a great opportunity to bring the young children and grandchildren to an opportunity to see some amazing things from our past!

*Hope everyone has a safe and pleasurable summer!*

## Congratulations!

Ryan Bucko, son of John and Sheri Bucko, grandson of Rich and Patty Little, graduated from UMASS/Dartmouth with a Bachelor of Science degree in Management-Small Business/Entrepreneurship.



## Outside the bird feeder with Lori Conley

### NESTING SEASON AND TREE TRIMMING - DO NOT DISTURB!

Just like humans, songbirds build homes to raise their families. While many people think songbirds only nest high up in the trees, the truth is they nest everywhere. Songbirds nest in trees as well as bushes, cavities and even

on the ground; some build nests on human dwellings, bridges and other human-made structures. They use an assortment of materials to construct their nests: mud, plant fibers, animal hair, moss, lichen, tree bark, twigs, saliva, spiders silk and even human trash such as string, and cellophane. The materials and construction design of the nest keep eggs and chicks protected and warm.

If you must trim a tree or prune a shrub during the breeding season, carefully inspect the area before you begin the project. Most songbirds are masters at concealing their nests, making it very difficult for the observer to spot an active nest. A songbird nest can be as tiny as 1.5 inches in diameter to as large as 1.5 feet. Most are 3 to 6 inches in diameter, they're small and well camouflaged. To detect an active nest, quietly observe the proposed project area from a

distance of about 50 feet. Watch for birds entering the tree or bush and listen for the food call of young or calls of an adult. Watch for adult birds in your yard actively collecting food and observe where they fly to deliver the food. Look and listen as you approach the proposed project area. Are you being scolded by an angry bird? If so, there is a nest nearby. Are you being dive-bombed by a bird? Again, if the answer is yes, there is a nest nearby.

Under federal law called the Migratory Bird Treaty Act, active nests cannot be disturbed or moved to another location. Parent birds choose a nest location for very specific reasons. Safety from predators, protection from the elements and proximity to food and water are important criteria birds use to select the perfect nest site not too different from the criteria we humans use.

With careful observation and good planning, you can help protect great numbers of songbirds from the destruction of their nests and young. In turn, our native songbirds can achieve breeding success and healthy populations, and continue to grace the natural world with their beauty and ecological benefits.

*Article from 'Native Songbird Care and Conservation'*

Spring  
is in  
The Air

At  
Menard  
Garage Doors



413-626-1978

LLC

[menardgaragedoors.com](http://menardgaragedoors.com)

Happy Spring Everyone,

Spring is a time for make plans and beginning new projects. A new Garage Doors would be a perfect project for spring. Menard Garage Doors sells a full line of Haas Garage Doors in many styles, sizes and colors to bring a new fresh look and functionality to your home.

We can also **SPRING** your Garage Doors into action with our 19-Point Tune-up, which can keep your Garage Doors running smoothly. We will inspect all parts of the door including tracks, cables, springs, rollers, bearings and pulleys. We tighten hardware and brackets, all moving parts are lubed, and a final safety test is performed.

Why Choose Menard Garage Doors? Every door is installed by a trained professional from beginning to end. That means the job is done right the first time to deliver performance and reliability from the day it is installed. My goal is to exceed my customers' expectations of quality, products, and service. I believe that you would want to be treated the way I would want to be treated with fairness, honesty, and respect. Why pay more for less? My customers deserve the very best value.

My Name Is Doug Menard and I look forward to working with you, for all your Garage Door needs.

Give me a call for a free estimate. 413-626-1978  
or visit our web-site @ [menardgaragedoors.com](http://menardgaragedoors.com)





**COA SENIOR PICNIC  
STRATHMORE PARK  
WEDNESDAY – JUNE 19  
Noon – 3 pm**

**Entertainment – Sarah the Fiddler**

**Peppermill Catering**

**Menu: Hamburg, Hotdog, Ribs, Chicken**

**FREE to all Montgomery Seniors**

**Other Seniors welcome - \$10.00 Donation**

**Please call 862-3257 by June 14<sup>th</sup> if you would like to join us.**



# Library News

facebook.com/  
gracehallmemorial

**June  
2019**

Outside of a dog, a book is man's best friend. Inside of a dog it's too dark to read. ~Attributed to Groucho Marx

## Learn to Knit with Robin Knowlton June 6, 20 and Aug. 8 & 22

Learn the basics of knitting a Dish cloth. Supplies needed are 1 skein of 100% cotton and Size 8 needles (wood preferred). Drop ins welcome and advance knitters who just want to finish their own projects too!

**Yoga Wednesday nights at 6:30pm  
\$10 Please contact Chris Brown at 862-4591**

**Summer Reading Bingo for Kids** begin on June 21 and runs till Aug. 10. Pick up your Bingo worksheet at the library to enter the Summer Reading Raffle.



**Trustees Meeting  
June 27 at 6:30pm**

## Museum Passes

- \*Old Sturbridge Village\*
- Springfield Quad
- Norman Rockwell
- Mystic Aquarium
- Deerfield Historical Mu-
- USS Constitution
- DCR State Park Pass
- MassMoCa

### Hours

Tues: 10- 5:30  
Thurs: 12-8  
Sat: 9:30-12:30

### Contact

#### Mail

161 Main Road, Montgome-  
ry, MA 01085

#### Phone

413-862-3894

#### email

Montgomerylibrary  
@yahoo.com

#### Website

montgomeryma.gov  
wghl.masscat.org  
facebook.com/  
gracehallmemorial

commonwealthcatalog.org

## Book Sale



## Mini Pop Up Book Sales

We will be holding Mini pop up Book Sales at the Little Red School House through out the Summer on June 21, 10 am to 12 pm, July 20, 1 pm to 2 pm, and Aug. 15, 10 am

to 12 pm. More dates to be added. Funds from these sales help sponsor for Library Events. We will be taking **NO BOOK DONATIONS** for these sales.

Due to the popularity of the CPR/ AED/ First Aid class we will have two classes in the fall. One an evening class and one for Seniors/ or people who might have knee issues. (You will not have to kneel on the ground for this class!) Date TBA but please let us know which class you might be interested in.

*Thank  
you*

# Summer Reading Program

## Montgomery Library

July 9 at 10 am <b>Ms. Mann's Bugs Bookmark's and Frog Cards</b> paper crafts Ages 7 and up Please preregister at the Library	July 11 at 1pm <b>Story Hour Peter Rabbit</b> come join us for a story, craft and game please preregister at the library
July 16 at 3 pm Mary Jo Maichack Storyteller make-and-take <b>Moonscape Puppet Theater Story Craft</b> All Ages Please preregister at the library	July 18 at 6 pm WingMasters presents <u>LIVE</u> <b>Owls of New England</b> come see and learn about the owls in our woods. All Ages

Everyone who attends an event gets a free book and is entered into the Summer Reading Program Raffle.

Summer Reading Bingo begins on June 21 and runs till Aug. 10. Pick up Bingo worksheet at the library.

Drawings are on Aug. 10 for PRIZES

For more information or to preregister: Grace Hall Memorial Library in Montgomery at 413-862-3894 or [montgomerylibrary@yahoo.com](mailto:montgomerylibrary@yahoo.com)

Check us out on at our website and Facebook:

[montgomeryma.gov/library](http://montgomeryma.gov/library)

[facebook.com/gracehallmemorial](https://facebook.com/gracehallmemorial)

# COUNCIL ON AGING

Serving the Citizens of Montgomery

June 2019

## Calendar

**Tue – Jun 11 Coffee Hour – 10 a.m.**

**Wed – Jun 19 COA Senior Picnic**

**Tue – Jun 25 Coffee Hour – 10 a.m.**

### **Tai Chi**

Town Hall – Thursday 9am-10am

### **Osteoporosis Exercise Class**

Suspended Till Fall

Check September Breeze for startup date .

## Birthdays

Anthony Thibault	June Rathay
Richard Buikus	Joanne Hebert
Richard Willig	Thomas Stout



Senior Picnic – Strathmore Park

Wednesday – June 19

Noon – 3pm

Entertainment – Sarah the Fiddler

Peppermill Catering

FREE to all Montgomery Seniors  
other Seniors welcome-\$10.00 Donation

Please call **862-3257** by **June 14<sup>th</sup>** if you would like to join us.

## Save Yourself Time at the RMV

Did you know? If you go online before you visit the RMV, you may find out you don't need to make a trip to an RMV service center.

And if you do need to visit a service center, you can fill out your application online first which will make it faster for the RMV to process your transaction.

## World Elder Abuse Awareness Day

The United Nations has designated June 15 as World Elder Abuse Awareness Day.



June is Alzheimer's & Brain Awareness Month.

- Alzheimer's is fatal. It kills more than breast and prostate cancer combined.
- Alzheimer's is not normal aging. It's a progressive brain disease without a cure.
- Alzheimer's is more than memory loss. It appears through a variety of signs and symptoms.

Zodiac Sign – Gemini/Cancer

Flower – Rose or Honeysuckle

Birthstone – Moonstone or Pearl



## **911 Street Signs for Montgomery Residents**

**Double Sized – Reflective - Cost \$18.00**

**FREE to Seniors 75+**

**Reduced Cost to Seniors 60 to 75**

**Contact – Chris Galipeau**

**Mark Chretien**

**or a COA Council Member**

This newsletter is partially funded by a grant of the Executive Office of Elder Affairs  
Outreach Worker: Ginger Cruickshank 862-4932  
Council Members are: Anne-Marie Buikus 862-3257, Jane Thielen 862-4482, Sandy Haas 862-3829  
Jeanne Aras 862-4497, Jean Bush 862-3645, Geraldine Larrabee 862-3884  
Email: COA-Montgomeryma@hotmail.com