Happy New Year! from the staff of the MT Breeze

MONTGOMERY MT. Breeze

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Existing town recycling services contract in process

Summary of the 12/10/2020 Meeting on Recycling

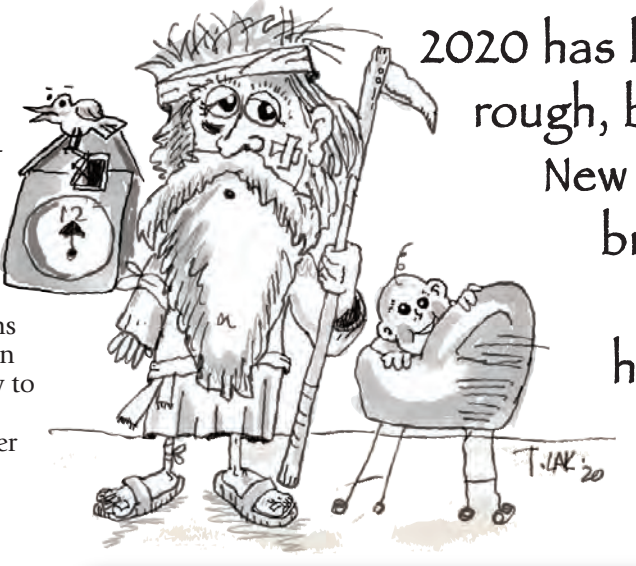
Extension of Montgomery's existing contract with Republic Services for recycling pickup through June 30, 2021 is in process. In the meantime, it seems like a good time to evaluate alternatives for recycling pickup, because some costs have increased. If the Town's curbside recycling program is ended on June 30, 2021, residents and businesses will still have to recycle because it is required by State and local regulations/bylaws. At their meeting on December 10, 2020, the Board of Health adopted new regulations which will require waste haulers to have the capability to provide a bundled service that includes recycling.

At the December 10 meeting a resident asked if the town's doing away with curbside recycling or any existing services would be detrimental when we are trying to attract new families to town. It was mentioned that Town-wide high-speed internet has been a selling point for real estate. This resident also asked if the Board of Health/Select Board has looked into the costs of alternatives to town-wide recycling pickup. Not yet. The following alternatives for recycling have been identified, and the Recycling Committee will investigate these options to present information at the next regular Town meeting in May so residents can make informed decisions about how to address recycling starting July 1, 2021:

- Town-wide recycling pickup as before, but at a higher cost
- Individual households are on their own to either contract with a waste hauler for recycling pickup or take their recycling to a facility (for example, Valley Recycling in Northampton, which accepts recyclables at no cost and can also accept trash at a pay-per-bag fee)
- Town-wide trash plus recycling pickup
- Access by agreement to another municipality's trash and/or recycling program
- Construction and operation of a transfer station in Montgomery, which has proven infeasible due to operational requirements and lack of a suitable site.

A question was raised as to whether there were state grants available to subsidize the cost of a curbside collection program, like some that other towns have received. The answer is no. Montgomery has received small grants in the past (e.g., recycling bins, educational materials, signage, etc.), but funding opportunities continue to be limited due to our small population as well as our lack of a trash collection program.

No action on your part is needed at this time. Watch for further information in the Mountain Breeze and other local publications. **If you have any questions or concerns, please contact any member of the Recycling Committee: Christine Brown (413-862-4591), Karen Bouquillon (413-563-5433) or Ellen Moyer (413-862-3452).**



2020 has been rough, but a New Year brings new hope!

"The bad news is time flies. The good news is you're the pilot."

Michael Altshuler

Important numbers

FIRE EMERGENCY	911
AMBULANCE	911
STATE POLICE	911
HIGHWAY DEPARTMENT	862-4037
GATEWAY HIGH SCHOOL	685-1102
GATEWAY MIDDLE SCHOOL	685-1202
GMS ATTENDANCE	685-1201
LITTLEVILLE ELEMENTARY	685-1301

TOWN HALL OFFICE 862-3386
Listen to the following extensions of each office.
townhall@montgomeryma.gov
Administrative Secretary Hours, Tuesdays & Thursdays from 10 a.m. to 4 p.m.

FIRE DEPT: 862-4505
FIRE CHIEF - CHRIS GALIPEAU 862-4599

TOWN CLERK - JUDY MURPHY 862-3386 ext 3
or direct line 642-6927
Office hours are on the 1st and 3rd Wednesday of each month from Noon - 4:00. Or you may call for an appointment.

POLICE DEPT:
ADMINISTRATIVE POLICE CHIEF -
PAULA CHAPMAN Home 862-4949
Office 862-3386 ext 5

TAX COLLECTOR - JANE THIELEN 862-3386 ext 1

or direct line 642-8139

ANIMAL CONTROL OFFICER -
PHIL CAMP 862-4976

SELECT BOARD:
DONALD WASHBURN 862-3301
MIKE MORRISSEY 862-3386
JACOB CHAPMAN 862-4949
Meetings for the Select Board are held at 7:00 p.m. every other Thursday.

SCHOOL COMMITTEE:
MADELYN AUSTIN 862-4004
mrrrr@verizon.net

LIBRARY:
LIBRARIAN - PAULA LONG 862-3894
montgomerylibrary@yahoo.com
HOURS: Tuesday 10:00 a.m.-5:30 p.m.
Thursday 4:00 p.m.-8:00 p.m.
Saturday 9:30 a.m.-12:30 p.m.

BOARD OF ASSESSORS:
Office Hours of the Board of Assessor's are held on the 1st & 3rd Wednesday of each month from noon to 4:00 pm; and 7:30 pm - 9:00 pm. Meetings will be scheduled and posted when deemed necessary.

CONSERVATION COMMISSION -
PAIGE LALIBERTE, Chairman 413-287-2167
The Conservation Commission meets on the first Monday of each month.

COUNCIL ON AGING 862-3386 ext 6 or 642-8143;
COA@Montgomeryma.gov

STATE REPRESENTATIVE LINDSAY SABADOSA:
info@lindsaysabadosa.com
(413) 539-8599

January Calendar

All coffee hours, yoga and Osteoporosis exercise classes have been cancelled until further notice.

Jan. 5 Recycling day
Jan. 19 Recycling day

Scheduled events and times are fluid at this time and subject to change.

Paula L. Chapman

Administrative Chief of Police for the Town of Montgomery

OFFICE HOURS: 6:30 pm to 7:45 pm

The office is in the basement of the Town Hall. Face mask required as per Governor Baker's Order. Thank you

January 7	January 21	
February 4	February 18	
March 4	March 18	
April 1	April 15	April 29
May 13	May 27	
June 10	June 24	

NOTICE REVIEW: Winter street plowing alert

Below is a section list of town roads that will NOT be plowed for the winter months.

The roads are as follows:

1) Fuller Road middle section from 11 to 56
2) Herrick Road from 71 to Carrington Road
3) Russell Road--all of the graveled (dirt) section
4) Upper Pomeroy Road from 93 to Herrick Road
5) Pitcher Street from 227 to the end

MOUNTAIN BREEZE AD POLICY

Montgomery resident ads: $3.50 for ¼ page, $7.00 for ½ page, $10.50 for ¾ page and $14.00 for a full page.
Non-resident ads: $5.00 for ¼ page, $10.00 for ½ page, $15.00 for ¾ page and $20.00 for a full page.
Political ads: $15.00 for ½ page and $30.00 for a full page. (Political ads must include the name of the payer.)
Ads: email (preferably pdf file) to **montgomerymtbreeze@gmail.com**, put in the MB box at the Library, or mail to: **Montgomery Mountain Breeze, c/o Grace Hall Memorial Library, 161 Main Road, Montgomery, MA 01085-9525**. Include your name and phone number. Payment must be received by deadline date (usually on the 16th of the month) or ad will not be run. No cash, please; make check payable to Montgomery Mountain Breeze and put in the MB box at the Library, or mail to above address.

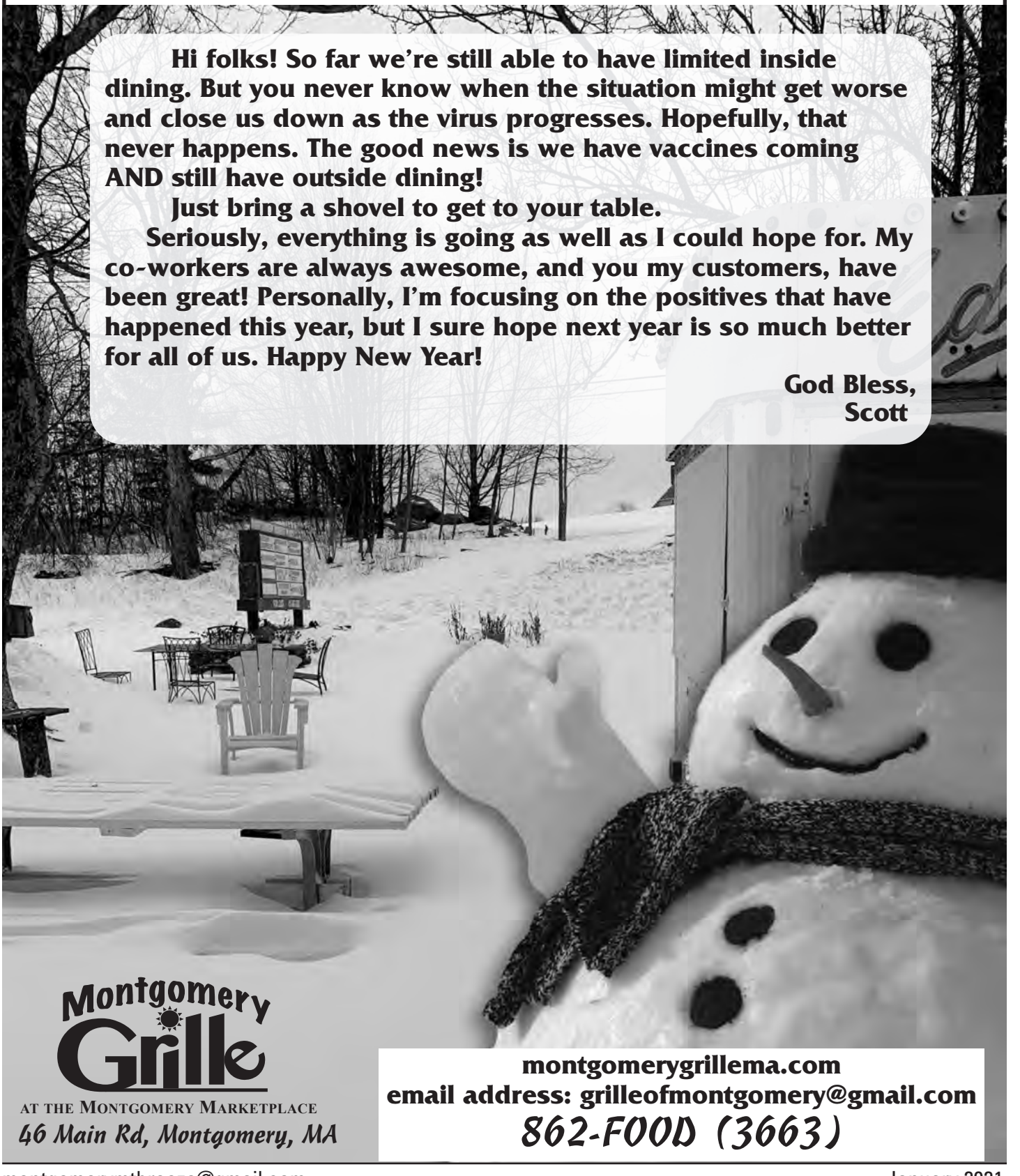
MOUNTAIN BREEZE STAFF

Editor: T.Lak 413-237-2818
Helen Allyn * Chris Brown * Laurie Flechsig * Paula Long * Julie Pike * Jane Thielen * Lori Conley

montgomerymtbreeze@gmail.com

It will be the best place to meet your neighbors again!

PLENTY OF OUTDOOR SEATING STILL AVAILABLE!



Hi folks! So far we're still able to have limited inside dining. But you never know when the situation might get worse and close us down as the virus progresses. Hopefully, that never happens. The good news is we have vaccines coming AND still have outside dining!

Just bring a shovel to get to your table.

Seriously, everything is going as well as I could hope for. My co-workers are always awesome, and you my customers, have been great! Personally, I'm focusing on the positives that have happened this year, but I sure hope next year is so much better for all of us. Happy New Year!

God Bless,
Scott

Montgomery Grille

AT THE MONTGOMERY MARKETPLACE

46 Main Rd, Montgomery, MA

montgomerygrillema.com
email address: grilleofmontgomery@gmail.com
862-FOOD (3663)

It's a new year! Start here to make it a great gardening year

GardenNews
by Chris Brown

January is the month to:

Check out seed catalogs for what to plant in the spring with a friend. Share the seeds to save money.

- Clean and repair your garden tools
- Heavy snow can be gently removed from plants to prevent bending or breaking,
- Root cuttings from potted geraniums.
- Cut amaryllis flower stalks after blooming; water and fertilize the remaining leaves.
- Ticks can be active all winter on days that are above freezing. Be vigilant.
- Freeze parsley seeds before sowing for faster germination.
- The above taken from UMASS garden calendar.

Frequently asked questions: Could you tell me the difference between Annuals, Biennials & Perennials?

Annuals complete their lifecycle in one growing season, from seed to flower to seed production and death. **Examples:** cosmos (although from my experience, they can sometimes reseed), zinnias, marigolds.

Biennials have a two-year life cycle: seed germination in summer and a small plant overwinters. Next year it reaches maturity, flowers, produces seed and dies. May complete in one year, if started early. **Examples:** sweet William, money plant (honesty).

Perennials are woody types such as trees and shrubs, either evergreen or deciduous, remain year after year.

Herbaceous-type plants die back to ground in winter but produce new growth the following season. Plant may be long lived. such as peonies or short lived such as delphinium. **Examples:** phlox, bleeding heart, oriental poppy.

HERBED SHRIMP AND PASTA

JANUARY RECIPE

Thank you again Jeanne Aras for this recipe.

8 oz. uncooked angel hair pasta
1 ½ lb. peeled medium shrimp (uncooked)
2 cups ½ & ½
½ tsp. salt
2 tsp. fresh dill weed (or ¾ tsp. dried) optional
1 cup butter
4 cloves garlic, minced
½ cups chopped parsley
¼ tsp. pepper

Cook pasta and set aside. Melt butter in large skillet, add shrimp and garlic. Cook until shrimp turn pink. Remove shrimp and set aside. Add ½ and ½ to skillet. Bring to a boil—reduce heat and simmer for 15 minutes or until thickened. Stir Occasionally. Add shrimp, parsley, salt, pepper and optional dill weed. Serve over pasta.

Outside the bird feeder with Lori Conley

DO AMERICAN ROBINS MIGRATE?

The answer is yes and no. We associate robins with spring for good reason: In many places, they arrive with the warm weather. But that doesn't mean all of these birds escape winter's bite. Robins react to winter's onset in two ways.

Many do retreat southward but a good number stay up north and those making the journey are not lured by warmer temperatures. Robins can withstand extremely cold temperatures, adding warm, downy feathers to their plumage. The real motivation is food, or rather the lack of it. As their warm-weather diet of earthworms and insects wanes, robins begin searching for fresh supplies.

They change their diet, transitioning from protein-rich invertebrates to vitamin-rich winter fruits and berries, including junipers, hollies, crabapples, and hawthorns. Robins also form flocks in the winter which can number in the hundreds or thousands. Flocking offers critical benefits: Larger groups mean more eyes and improved chances to spot — and avoid —predators. They also increase the odds of discovering food. Finally, robins make little noise during winter months and typically maintain a subdued presence. Taken together, these changes dramatically lower robins' profile in the northern part of their range, making sightings much less common, and leading some people to assume they are absent.

From: The American Bird Conservancy

Have a safe and healthy new year!

WELCOME!

to the NEW Gray Catbird Gift Shop.

Your first stop to find quality artwork from Hilltown Artisans, featuring:

AgathaO (Pleun Bouricius) - *Exquisite Nature Photography - cards, books, and framed.*
Pegg Dragon - *Iridescent Flamed Copper Jewelry and Sculptures.*
Ron Messier - *A wide variety of wondrous Wood Carvings.*
Kayla Ramsden - *Whimsical Ceramic Creatures and Creations.*
Dale Rogers - *Oil Paintings & Nature's Patterns on Earthen Pots.*
Annette Rubino - *Uniquely Charming Cards and hand-stitched Felt Pins.*

Gray Catbird
GIFT SHOP

413-875-5205

OPEN SATURDAY & SUNDAY - 10AM TO 3PM,
OR BY APPOINTMENT.
MORE HOURS COMING SOON!

etsy.com/shop/GrayCatbirdPottery
facebook.com/GrayCatbirdPottery

46 MAIN ROAD, SUITE #2, MONTGOMERY, MA 01085 • GRAYCATBIRDPOTTERY@GMAIL.COM

MHS wishes you Happy New Year and the best in health and safety

Historical Happenings

Your Montgomery Historical Society wishes you the very best of health and safety for the New Year 2021! Due to the ongoing restrictions related to the COVID-19 virus, the society's steering committee will not be making any plans for events or activities at this time.

Until there is clear evidence that is it safe to gather in a social setting once again, any events that might be planned will be postponed. We are certain that our annual Penny Social (usually held in March) would not be permitted under the current guidelines. We shall need to wait until directives from state health officials make it clear that it will be safe to gather before we set up any events that might be of interest to our townspeople and friends.

We regret having to do this, but are sure that you understand that the virus is a real threat to the health and well-being of our community, therefore we are heeding the advice of those "in charge" of public safety.

In light of the ongoing restrictions in place for use of public spaces including libraries and Town Halls, we have temporarily suspended use of the display case at our Montgomery library curated by your Montgomery Historical Society. We will return to filling the case with collections, historical items and ephemera once our state returns to "normal" after the current coronavirus pandemic eases.

JANUARY BIRTHDAYS:
Arlene Bodurtha
Rebecca Bodurtha
John Bucko
Deborah Clark
Bertine Galipeau
Krystyna Galipeau
Peggy Goralczyk
Patti Little
Steve Monkiewcz
Bob Wall
James Wall
Karen Wassung
Dakota Whitaker

JANUARY ANNIVERSARIES
None

Please help us keep our celebrations of birthdays and anniversaries up-to-date by emailing the MT Breeze with any names that we may include in our monthly listings. Thank you for your help!

Irene, formerly of (HAIR Ltd) welcomes everyone to visit her at

ROYAL NAILS & HAIR

617 E Main St., Westfield, MA • **413-478-6253 • 415-642-8002**

Irene is wishing everyone a SAFE, HEALTHY & HAPPY NEW YEAR

Let's all help do our part to get rid of the virus, Wear your MASK!!!

(Greetings to my friends at the Grille)

Call 413-478-6253 for appointments.
Ask for Irene.
413-478-6253 • 415-642-8002

2020 was so whacky you might have missed some of these stories

From a deadly pandemic to a global movement for racial justice, the year 2020 has certainly experienced its fair share of world-shifting events.

Here is a list — and timeline — of the major events that have happened in this year so far:

Australian bushfires

The country faced one of its most devastating wildfire seasons as the blazes continued from December 2019 into the new year and burned a record 47 million acres, displaced thousands of people and killed at least 34 people.

Prince Harry and Meghan Markle quit

The Duke and Duchess of Sussex shocked both sides of the pond on Jan. 8 when they announced they were stepping down as "senior" royals.

COVID-19 pandemic

The World Health Organization announced Jan. 9 that a deadly coronavirus had emerged in Wuhan, China. In a matter of months, the virus has spread across the globe to more than 20 million people, resulting in at least 751,000 deaths.

Impeachment of Pres. Donald Trump

The president faced an impeachment trial in January on charges that he asked Ukraine to investigate former Vice President Joe Biden and his son Hunter. He was ultimately acquitted by the Senate on Feb. 5.

Harvey Weinstein verdict

The disgraced Hollywood kingmaker was convicted Feb. 24 of raping an aspiring actress and sexually abusing a TV and film production assistant.

Stock market crash 2020

The coronavirus pandemic triggered a global recession as numerous countries went into lockdown. The Dow Jones industrial average suffered its worst single-day point drop ever on March 9.

Black Lives Matter protests

The police-involved killings of George Floyd, Ahmaud Arbery and Breonna Taylor this year sparked a wave of peaceful — and sometimes violent — demonstrations and riots across the world to demand an end to police brutality and racial injustice.

Kim Jong Un death rumors

The North Korean supreme leader fueled speculation that he was either gravely ill or dead after he missed events commemorating his grandfather Kim Il-sung on April 15. He reemerged 20 days later in photos released by state media at a ribbon-cutting ceremony.

Twitter hack

A group allegedly spearheaded by a Florida teen took over the Twitter accounts of prominent business and political figures — including Joe Biden, Bill Gates, Elon Musk and Kanye West — in a bitcoin scam.

"Murder hornets" arrive in US

The invasive insect, known as the Asian giant hornet, was spotted for the first time stateside when they invaded Washington state.

Beirut explosion

A massive explosion at a Beirut port, sparked Aug. 4 by the accidental detonation of 2,750 tons of ammonium nitrate, killed at least 190 people and injured thousands of others.

Kamala Harris chosen as VP mate

Biden announced Aug. 11 that he selected the California senator as his running mate, making her the first black woman and the first Asian woman on a major party's presidential ticket.

West Coast wildfires

Deadly wildfires erupted from California to Washington state, burning millions of acres and displacing hundreds of thousands of people since mid-August.

Ruth Bader Ginsburg's death

The Supreme Court Justice and unrelenting trailblazer for gender equality died Sept. 18 at the age of 87. She was the second-ever woman appointed to the high court.

Trump tests positive for COVID-19

President Trump announced Oct. 2 that he and first lady Melania Trump tested positive for coronavirus.

Joe Biden becomes president-elect

Joe Biden became the 46th president of the United States on Nov. 7, defeating President Trump with a critical assist from his birth state, Pennsylvania, which delivered the votes to propel him to victory and end one of the most contentious elections in recent memory.

COVID-19 vaccine rollout

The first Americans were vaccinated against the coronavirus Dec. 14 after the US Food and Drug Administration approved the emergency use of Pfizer's COVID-19 shot on Dec. 11. The country's second inoculation, developed by Moderna, was then given FDA approval a week later — with states receiving the jab Dec. 21. The two vaccines, which were developed in less than a year, was touted as one of the greatest scientific accomplishments in US history.

New York Post

Condolences to...

Susan Doran on the loss of her life partner, Edward O'Brien, on November 7 in Springfield.

Lillian "Pete" Pattison, Carol & Jim Stevens and family, Matt Stevens and family, and to Bill Pattison, Jr., Theresa Lanpher and family on the loss of Lillian's husband, Carol's and Bill Jr.'s father, and Matt and Theresa's grandfather William ("Bill") Pattison on November 11 in Wilbraham

Jerry & Patti Spencer, Nancy Spencer, Tara (Spencer) Ellershaw and family; to Sandy Shelnut and Michael; and to June Rathay and family; all on the loss of Eunice ("Dinty") Spencer – mother, grandmother, great-grandmother, sister and aunt. Dinty passed away November 22 in Enfield, CT.

Cindy & Phil Camp on the passing of Cindy's brother, Earl Stone of Chester, who passed away December 5 at home.

The families of Moe & Nancy Boisseau and Ted & Kathy Biosseau on the loss of Moe's and Ted's mother Muriel Boisseau, who passed away December 13 at home in Westfield. While not a town resident, Muriel spearheaded many events and activities in Montgomery for multiple years, particularly through the Montgomery Historical Society.

January Library News

facebook.com/ gracehallmemorial

December 2021

An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves. ~Bill Vaughan (1915–1977), in *The Kansas City Star*—We all are making sure 2020 leaves!

Wowbrary has come to the Library

The library adds many new books and movies each year. Wowbrary.org offers you a weekly email alerts showing you the newest materials added to our collection each week.

Be among the first to know about our new arrivals and when you see something of interest, you'll be able to click instantly and place a hold on your favorite(s). Of course, like everything else in the library, this service is free! Patrons can login to ***wowbrary.org*** , enter the towns zip code and sign up for any library in the area. A weekly email newsletter will give you a list of each library news additions.

Appointment & Curbside Service

Tuesdays 10 to 5:30 pm, Thursdays 11 to 8 pm, Saturdays 9:30 am to 12:30 pm.

You can pick up items at the Children's Room screen door during new hours.

Live Zoom Event with Mary Jo Maichack

Professional storyteller Mary Jo Maichack is offering a new presentation recommended for older teens and adults, a live Zoom reading of three short stories from J.D. Salinger's *Nine Stories*, followed by a participant discussion of the work. "Three of Nine" Zoom interactive programs will take place on the last three Thursdays of January (14, 21 and 28) from 6:30 -8 pm.

The three stories featured will be "The Laughing Man," "A Perfect Day for Bananafish," and "For Esmé, with Love and Squalor."

See the Library Facebook page for more information.

Posting on Facebook

We will post updating news to our Facebook page , such as when new items come in or change in hours.

Returning Library Items

Please return all library items to the drop box only! Not items can be returned directly into the library. If possible please have items in a plastic bag. Drop box is to the right of the Children's room

Hours
Tues: 10– 5:30
Thurs: 11-8
Sat: 9:30-12:30

Contact
Mail
161 Main Road, Montgomery, MA 01085

Phone
413-862-3894

email
Montgomerylibrary@yahoo.com
Website
wghl.masscat.org
facebook.com/gracehallmemorial

commonwealthcatalog.org
No book Donation accepted at this time

COUNCIL ON AGING

Serving the Citizens of Montgomery
January 2021

Calendar

No Events Scheduled

January Birthdays

Ruth McKay	Bertine Galipeau
Mary Ann Sharrow	Linda Levite
Robert Wall	Karen Wassung

Warning: Beware of COVID-19 Vaccination Scam Offers

Don't get scammed! You should know the following:

- Most Medicare beneficiaries will not have to pay to get this vaccine during this public health emergency.
- If someone offers to put you on a vaccination list in exchange for money, you are being scammed.
- If someone offers to get you early access to the vaccine in exchange for your credit card of Medicare number, you are being scammed.
- No one from Medicare or your municipal or state health department will contact you and offer you the vaccine.
- No one from a vaccine distribution site or a private insurance company will call you asking for your Social Security number, credit card number, or bank account information to sign you up to get the vaccine.
- If you get a call, text, email or even someone knocking on your door claiming they can get you early access to the vaccine, you are being scammed.

You can report scams by calling the Massachusetts Senior Medicare Patrol Programs Report-A-Scam line at 978-946-1243 or email to ReportAScam@MASMP.org.

Were you in the "DONUT HOLE" last year?

If you have a Medicare Part D or Medicare Advantage plan and do **not** get Extra Help, you will reach that coverage gap when the total retail cost of your prescription drugs reaches your plans out-of-pocket limits. This is where **Prescription Advantage** can help.

Prescription Advantage, the Massachusetts prescription drug assistance program, can help pay for your prescription drugs when you reach the "donut hole." To find out how to lower your drug costs, call Prescription Advantage at:

1-800-243-4636
TTY at 1-877-610-0241

Elder Abuse – 800-922-2275 or 413-586-2000
(Elder Abuse refers to any knowing, intentional, or negligent act by a caregiver or any other person that causes harm or a serious risk of harm to a vulnerable adult 60 or older)

Hilltown Social Services – 667-2203

Meals On Wheels – Highland Valley Elder Services 800-322-0551 or 413-586-2000 Donation requested.

Veteran's Agent – Daniel Flechsig – 862-8095

Zodiac sign – Capricorn/Aquarius Flower – Snowdrop/Carnation Birthstone - Garnet

MEMA ISSUES WINTER POWER OUTAGE SAFETY TIPS

- Check flashlights and portable radios to ensure that they are working, and you have extra batteries as part of your Winter Emergency Kit. A radio is an important source of weather and emergency information during a storm.
- If the power is out, use flashlights or other battery-powered lights if possible, instead of candles.
- If a storm is coming that may bring power outages, fully charge your cell phone, laptop, and any other devices in advance of a power outage.
- Purchase a car phone charger because you can charge your phone if you lose power at your home.
- If your water supply could be affected by a power outage fill your bathtub and spare containers with water.
- Set your refrigerator and freezer to their coldest settings. During an outage, do not open the refrigerator or freezer door. Food can stay cold in a full refrigerator for up to 24 hour, and in a well-packed freezer for 48 hours (24 hours if it is half-packed).
- Throw away any food that has been exposed to temperatures 40° F (4° C) for 2 hours or more or that has an unusual odor, color or texture. When in doubt, throw it out!
- Have sufficient heating fuel, as regular sources may be cut off. Have emergency heating equipment and fuel so you can keep at least one room livable. Be sure the room is well ventilated.
- To keep pipes from freezing, wrap them in insulation or layers of newspapers, covering the newspapers with plastic to keep out moisture. Let faucets drip a little to avoid freezing.
- Keep your car tank at least half full because gas stations rely on electricity to power their pumps.
- Know where the manual release lever of your electric garage door opener is located and how to operate it. Garage doors can be heavy, so know that you may need help to lift it.
- If utilizing an emergency generator, read, understand and follow the manufacturer's instructions. Always operate emergency generators outdoors and away from any open window.
- Ensure that your Smoke and Carbon Monoxide (CO) detectors are working correctly and have fresh batteries. Check your outside fuel exhaust vents, making sure that they are not obstructed by snow or ice. Never use cooking equipment intended for outside use indoors as a heat source or cooking device.
- In order to protect against possible voltage irregularities that can occur when power is restored, you should unplug all sensitive electronic equipment, including TVs, stereo, VCR, microwave oven, computer, cordless telephone, answering machine and garage door opener.
- Leave on one light which will indicate when your power returns.
- If you lose your heat, seal off unused rooms by stuffing towels in the cracks under the doors. At night, cover windows with extra blankets or sheets.
- Food provides the body with energy for producing its own heat.
- Do not call 9-1-1 to report your power outage or to ask for information, use 9-1-1 only for emergencies. Call your utility company to report the outage and get restoration information. Call 2-1-1 with other winter-related issues.
- Check in on friends, family, and neighbors, particularly those most susceptible to extreme temperatures and power outages such as seniors and those with access and functional needs.
- Make sure you always have a well-stocked Winter Home Emergency Supply Kit that includes flashlights, portable radio, extra batteries, a first aid kit, bottled water, non-perishable food and a manual can opener.

This newsletter is partially funded by a grant of the Executive Office of Elder Affairs
Board Members: Anne-Marie Buikus 862-3257, Jane Thielen 862-4482, Sandy Haas 862-3829
Jean Bush 862-3645, Geraldine Larrabee 862-3884, Darlene Brewster 862-3347
Email: COA@montgomeryma.gov